

Pts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run	#R	Total	Status
	18 30	Tjardo Visser	Almere	Mpro	NED	0:53:35	4	4:58:26	48	5:53:38	24	3:08:09	18	9:03:49	
	41 359	Marten Visser	Almere	M35	NED	1:03:40	50	4:57:40	45	6:03:05	40	3:31:47	64	9:36:48	
	103 249	Marco Weisbeek	Almere	M30	NED	0:59:16	22	5:25:43	153	6:30:03	106	3:49:55	144	10:25:16	
	109 714	Paul Schijff	Almere	M55	NED	1:16:12	218	5:06:09	76	6:24:34	84	4:02:40	189	10:29:19	
	123 570	Anthonie Dam	Almere	M45	NED	1:18:44	266	5:29:22	178	6:52:44	191	3:39:34	86	10:36:32	
	131 1154	Sharon Zuidervliet	Almere	W25	NED	1:11:15	137	5:26:38	157	6:43:21	147	3:53:05	152	10:38:57	
	199 564	Marcel Caro	Almere	M45	NED	1:07:04	89	5:40:18	230	6:52:30	187	4:13:22	241	11:12:45	
	208 661	Ron Schwab	Almere	M50	NED	1:10:51	128	5:33:51	202	6:49:14	163	4:22:57	280	11:18:21	
	214 251	Thom Kahle	Almere	M30	NED	1:17:23	250	5:30:08	180	6:51:52	180	4:27:18	300	11:22:41	
	231 1409	Krista Heije	Almere	W40	NED	1:15:54	208	5:32:45	194	6:51:55	181	4:34:23	325	11:30:12	
	234 557	Martijn Dijkman	Almere	M45	NED	1:00:54	39	5:40:31	231	6:47:44	158	4:36:18	329	11:31:27	
	248 569	Rene Overduijn	Almere	M45	NED	1:19:42	281	5:37:31	219	7:05:23	231	4:26:42	296	11:38:14	
	294 449	Thierry van Engelen	Almere	M40	NED	1:14:46	193	6:04:24	338	7:26:55	310	4:24:55	286	11:58:04	
	295 673	Wilco Kleefman	Almere	M50	NED	1:32:17	424	6:01:23	327	7:41:37	342	4:12:33	240	11:58:12	
	337 646	Jos van der Velden	Almere	M50	NED	1:18:49	268	5:46:09	255	7:11:56	259	5:10:11	403	12:29:10	
	368 676	Jan de Wolde	Almere	M50	NED	1:17:00	244	6:15:48	374	7:38:54	338	5:04:17	396	12:48:30	
	385 672	Dirk Salinter Ingeborg	Almere	M50	NED	1:35:15	444	5:51:15	278	7:34:12	330	5:21:26	417	13:04:19	
	386 1801	Schoonackers	Almere	W65	NED	1:36:06	449	6:21:17	397	8:04:26	412	4:54:24	372	13:05:02	
	411 356	Joris Blikenaal	Almere	M35	NED	1:31:14	416	6:17:37	387	7:59:33	396	5:24:15	422	13:32:17	
	425 759	Rob Oosterbaan	Almere	M60	NED	1:34:43	440	7:06:06	466	8:49:53	470	5:01:57	389	13:57:49	
	431 656	Martin Kroon	Almere	M50	NED	1:49:29	489	5:45:47	252	7:53:04	368	6:01:48	447	14:13:19	
	457 716	Rene van Rouendal	Almere	M55	NED	1:21:27	312	6:14:18	368	7:42:14	346		0		
	459 252	Bart Kastermans	Almere	M30	NED	1:17:51	259	5:28:20	173	6:55:16	197		0		
	478 10	Corine Nelen	Almere	Wpro	NED	1:00:33	28	5:33:36	200	6:36:42	126		0		
	482 678	Marcel Spoelder	Almere	M50	NED	1:33:48	434	6:28:33	415	8:15:46	436		0		
	498 724	Hans Bakker	Almere	M55	NED	1:26:27	366		0		0		0		